

Micro Grant Criteria

A Micro Grant is intended to fund unique projects that will benefit the Community or Organisation.

Within your application, the Panel are looking for a new initiative with:

- ❖ Instant outcomes
- ❖ Making a difference in the Community
- ❖ Community Health and Wellbeing
- ❖ Sustainability for the future

- ❖ You can apply for up to £500 per project

Micro-Grant Summary Sheet

Since this fund launched in April, we have:

Approved – 68 Applications

(3 Councils & 54 Other: Charity's, Clubs, Associations, LTD, CIC's Community Interest Company)

Rejected – 53 Applications

(15 Councils & 38 Other: Charity's, Clubs, Associations, LTD, CIC's Community Interest Company)

Grant Total Issued - £32,439.84

Grant rejected - £25,462.40

Balance Left in Fund - £17,560.16

Micro-Grant Contact Details

All forms are available to download from our website:

<http://www.ealc.gov.uk/community-initiative-fund>

If you have any queries please contact:

Louise Gambardella on 01371 879722 or at

louise.gambardella@ealc.gov.uk

My working days are Monday and Tuesday 9-5,
Thursday 9-1 and Friday 9-4



Health & Wellbeing

Help to shape and guide communities so that they are great places to grow up, live and work.

What is the Health and Wellbeing agenda?

There are five areas that the agenda is concerned with:

- MENTAL HEALTH
- LEARNING DISABILITIES
- SOCIAL ISOLATION
- ACTIVITY AND DIET
 - OBESITY

What is the Health and Wellbeing definition?

- Offer free 'in the parish' training for Mental Health and J9 Domestic Abuse.
- Supporting economic growth by cultivating relationships between Local Councils and business owners and town teams for example Dementia Friendly Communities.
- Encourage and support the volunteer base,
- Signpost residents to help, support and guidance through initiatives by our partners,
- Evaluate costs on a needs basis to achieve more with less.
- Embracing new technologies to help communicate.

Free Mental Health First Aid Training (MHFA)

- Delivered by Provide in your parish, in a venue you provide;
- A 4.5 hour, with a certificate of attendance and resource pack;
- For councillors, officers and enthusiastic members of your community from all age groups and abilities, who would benefit from the training;

The Benefits of MHFA Training

- Gives a greater understanding of your mental health;
- Gives you the skills to identify people in crisis and the knowledge of where to signpost them;
- You will **not** become councillors for those suffering with mental health issues but instead provide the conduit to support them;
- Gives people the skills to see their communities in the bigger picture.

Community J9 Project Training

- The Government's Domestic Abuse Bill 2019 states that "we need to build a society that has zero tolerance towards domestic abuse and actively empowers victims, communities and professionals to confront and challenge it and to provide victims with the support they deserve."
- In response to this Essex County Council is committed to raising awareness within the community of how to recognise and respond to domestic abuse by providing free training across the county.

Benefits of Community J9 Project Training

- 2 hour course free course funded by ECC and partners, delivered in the parish.
- For councillors, officers and enthusiastic members of your community from all age groups and abilities, who would benefit from the training.
- Gives you the ability recognise domestic abuse.
- Gives you the confidence and skills to respond appropriately.
- Gives you the information to signpost potential victims.
- A J9 badge to identify them as a trained person.
- A booklet which can be made available to potential victims.

Results so far

- Mental Health First Aid Training – 37 parish and Town Councils have booked on to do the training.
- J9 training went live in late September and we have 5 booked on with several more making enquiries.
- The creation of the EALC Health & Wellbeing Board which had its first meeting on 8th October.

Health and Wellbeing Officer

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